

ESM05 Allergen Identification Form			Menu Title/Year Winter 2023							Menu Week/Day Monday - Week 1					
Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
32391 30515 84497 10163	French Bread Cheese & Tomato Pizza					✓WB		✓					✓		
Tesco 84497/6437 Barleyland/Tesco 134644	Pasta with Tomato Sauce Onion Garlic Paste					✓W									
Barleylands 186 71129	Jacket Potato Beans Cheese							✓							
	Seasonal Vegetables														
32391/30515	Cheese Baguette					✓WB		✓							
32391/30515	Ham Baguette					✓WB									
9711/15811 59938/Tesco 85842/89938	Chocolate Cake Chocolate Custard			✓		✓W		✓							
71762 71766 113713	Yoghurt							✓ ✓ ✓							

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***Gluten Key:** **W**=Wheat **O**=Oats **B**=Barley **R**=Rye **S**=Spelt **K**=Kamut

Please state the name of the cereal(s) containing gluten* in that column.

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4380/6615 39538	Chicken Fajita Wrap					✓W									
4380/134522 89538	Quorn Fajita Wrap					✓W									
4268	Potato Wedges														
4782	Sweetcorn														
30515/32391 71129	Cheese Baguette					✓WB		✓							
30515/32391 Tesco	Ham Baguette					✓WB									
9711/15811 8816/26941	Flapjack					✓WOB									
71762 71766 113732	Yoghurt							✓ ✓ ✓							

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Olivers 4303 136678	Homemade Mine Beef Pie Onion / Gravy			✓		✓W		✓		✓				✓	
3235/4303 136678	Vegetable Pie Gravy			✓		✓W		✓		✓				✓	
Barleylands	Mash														
136678	Gravy			✓				✓		✓				✓	
4599	Peas														
Barleylands	Jacket Potato														
71129	Cheese							✓							
186	Beans														
32391/30515	Cheese Baguette							✓							
32391/30515 Tesco	Ham Baguette														
803/801	Fruit Jelly														
71762 71766 113713	Yogurt							✓ ✓ ✓							

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58415	Beef Meatballs															
136989	Vegan Meatballs															
84497/6437 Barleylands/Tesc o 134644	Tomato Sauce Onion Garlic Paste															
Tesco	Fusilli Pasta					✓W										
Barleylands 71129 186	Jacket Potato Cheese Beans							✓								
Brakes	Seasonal Vegetables															
30515/32391 71129	Cheese Baguette					✓WB		✓								
Tesco 30515/32391	Ham Baguette					✓WB										
302/971V15811	Homemade Iced Sponge			✓		✓W										
71766 71762 113713	Yoghurts							✓ ✓ ✓								

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Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
56171	Fish Fingers				✔	✔W		✔							
4303/71129 84497	Cheddar Whirl					✔W		✔							
4264	Chips														
4599	Peas														
Barleylands 71129 186	Jacket Potato Cheese Beans							✔							
30515/32391 71129	Cheese Baguette					✔WB		✔							
30515/32391 Tesco	Ham Baguette					✔WB									
51009/50985	Ice Cream							✔							
71762 71766 113713	Yoghurts							✔ ✔ ✔ ✔							

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ESM05 Allergen Identification Form		Menu Title/Year Winter 2023							Menu Week/Day Monday – Week 2						
Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
Olivers / 71129 Tesco 10468	Bacon Macaroni Bechamel Sauce					✓W		✓						✓	
Tesco 71129 Tesco 10468	Cheese Macaroni Bechamel Sauce					✓W		✓ ✓						✓	
51320	Donuts			✓		✓W		✓					✓	✓	
Barleyland 71129 186	Jacket Potato Cheese Beans							✓							
4782	Sweetcorn														
30515/32391 71129	Cheese Baguette					✓W		✓							
30515/32391 Tesco	Ham Baguette					✓W									
71762 71766 113713	Yogurt							✓ ✓ ✓							

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ESM05 Allergen Identification Form		Menu Title/Year Winter 2023							Menu Week/Day Tuesday - Week 2						
Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
Olivers	Butchers Chicken Nuggets					✓W									
134570	Vegetable Chicken Nuggets					✓W									
4264	Chips														
Tesco	Tomato Sauce														
186	Baked Beans														
Barleylands	Jacket Potato							✓							
186	Cheese Beans							✓							
30515/32391 71129	Cheese Baguette					✓WB		✓							
30515/32391 Tesco	Ham Baguette					✓WB									
9711/15811 Tesco 89938/8816	Homemade Cake Custard / Sugar			✓		✓W		✓							
71762 71760 113713	Yoghurt							✓ ✓ ✓ ✓							

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Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites	
Olivers	Butchers Roast Turkey															
134522	Quorn Fillet					✓W										
Barleylands	Roast Potatoes															
134522	Yorkshire Puddings			✓		✓W		✓								
136678	Gravy							✓								
4775	Carrots															
4599	Peas															
Barleylands	Jacket Potato															
71129	Cheese							✓								
186	Beans															
30515 / 32391 71129	Cheese Baguette					✓W		✓								
30515/32391	Ham Baguette					✓W										
Tesco																
801/803	Jelly															
71762	Yoghurts							✓								
71766								✓								
113713								✓								

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Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
Olivers	Beef Bolognese														
84497/6437	Tomato Sauce														
Tesco	Onions														
3235	Vegetable Bolognese														
84497/6437	Tomato Sauce														
Tesco	Onions														
Tesco	Fusilli Pasta					✓W									
3235	Mixed Vegetables														
Barleylands	Jacket Potato														
71129	Cheese							✓							
186	Beans														
30515/32391	Cheese Baguette					✓WB		✓							
71129															
30515/32391	Ham Baguette					✓WB									
Tesco															
9711/15811	Flapjack					✓WO									
8816/26941						✓B									
71762	Yoghurts							✓							
71766								✓							
113713								✓							

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58551	Battered Fish				✓	✓W									
3135	Plain Omelette			✓											
105786	Waffles			✓		✓W		✓							
7005	Spaghetti Hoops														
Barleylands	Jacket Potato														
71129	Cheese							✓							
186	Beans														
30515/32391	Cheese Baguette														
71129															
32391/30515	Ham Baguette														
Tesco															
53105	Arctic Roll														
71762	Yoghurt														
71766															
113713															

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Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites	
135057 5222	Chicken Burger Rolls	✓				✓W ✓W										
34198 5222	Quorn Burger Rolls			✓		✓WB ✓W		✓								
4264	Chips															
186	Baked beans															
Tesco	Tomato Sauce															
30515 / 32391 71129	Cheese Baguette					✓WB		✓					✓			
30515 / 32391 Tesco	Ham Baguette					✓WB							✓			
Barleylands	Jacket Potato															
71129	Cheese							✓								
186	Beans															
136363	Pancake			✓		✓W		✓								
26941	Golden Syrup															
71762	Yoghurts							✓								
71766								✓								
113713								✓								

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Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites	
Olivers	Butchers Sausage	✓		✓	✓	✓W		✓	✓	✓				✓	✓	
135197	Vegan Sausage					✓W										
Barleylands 15811	Mash Potato															
134522	Yorkshire Pudding			✓		✓W		✓								
4599	Peas															
136678	Gravy			✓				✓		✓			✓			
30515 / 32391 71129	Cheese Baguette					✓WB		✓								
30515/32391 Tesco	Ham Baguette					✓WB										
Barleylands	Jacket Potato															
71129	Cheese							✓								
186	Beans															
9711/15811 8816/26941	Flapjack															
71762	Yoghurts							✓								
71766								✓								
113713								✓								

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Olivers 4303	Homemade Chicken Pie			✓		✓		✓		✓				✓	
Barleylands 136678	Gravy / Onion														
3235 / 4303 136678	Vegetable Pie			✓		✓		✓		✓				✓	
4625	Roast Potatoes														
136673	Gravy			✓				✓		✓				✓	
4775	Carrots														
Barleylands 71129	Jacket Potato														
	Cheese							✓							
186	Beans														
801/802/803	Jelly														
30515/32391 71129	Cheese Baguette					✓WB		✓							
30515/32391 Tesco	Ham Baguette					✓WB									
71762	Yogurt							✓							
71766								✓							
113713								✓							

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Olivers / Tesco	Sticky BBQ Chicken														
100395 / 26941	Onion	✓				✓ BW								✓	
135193 Tesco	Sticky BBQ Quorn Pieces	✓		✓		✓ BW								✓	
100395 / 26941	Onion														
Tesco	Rice														
4782	Sweetcorn														
Barleylands	Jacket Potato														
71129	Cheese							✓							
186	Beans														
30515 / 32391 71129	Cheese Baguette					✓ BW		✓							
30515 / 32391 Tesco	Ham Baguette					✓ BW									
9711/15811 Tesco 85842	Homemade Marble Cake			✓		✓ W									
85842 / 89938	Chocolate Custard							✓							
71762	Yoghurt							✓							
71766								✓							
113713								✓							

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56171	Birds Eye Fish Fingers				✓	✓W		✓							
4303/71129 84497	Cheddar Whirl					✓W		✓							
105786	Waffles			✓		✓W		✓							
4599	Peas														
Barleylands	Jacket Potato														
71129	Cheese							✓							
186	Beans														
30515/32391 71129	Cheese Baguette					✓WB		✓							
30515/32391 Tesco	Ham Baguette					✓WB									
50985	Ice Cream							✓							
71762	Yoghurt							✓							
71766								✓							
113713								✓							

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